

ASHVIN RURAL AYURVED COLLEGE, MANCHI HILL.

ACADEMIC TIME TABLE 1st Year B.A.M.S.2023-24 (Old Batch)(w.e.f. 01/01/2025)

Lect. No.	Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	9 am to 10 am	Sharir Rachana (LH) (Vd. Chandrakant Shinde)	Sharir Kriya (LH) (Vd. Chandrakant Girgune)	Sharir Rachana (LH) (Vd. Jitendra Shimpi)	Sharir Rachana (LH) (Vd. Chandrakant Shinde)	Sharir Rachana (LH) (Vd.Nandu Godge)	Sharir Rachana (NLH) (Vd.Nandu Godge)
2	10 am to 11 am	Sharir Kriya (LH) (Vd. Abhijit Durge)	Sanskrit (LH) (Mr. Pradip Jagtap)	Sanskrit (LH) (Mr. Ravsaheb Kale)	Sanskrit (NLH) (Mr. Ravsaheb Kale)	Padarth Vignyan (LH) (Vd.Priyanka Adhav)	Sanskrit (NLH) (Mr. Pradip Jagtap)
Practical	11 am to 1 pm	A – Sharir Rachana B – Sharir kriya	B – Sharir Rachana A – Sharir kriya	A – Sharir Rachana B – Sharir kriya	B – Sharir Rachana A – Sharir kriya	A&B – Sharir Rachana A&B – Sanskrit (Alternative Week)	11 am – 12 pm Padarth Vignyan (LH) (Vd.Sharvari Dongare)
							12 pm – 1 pm Samhita Adhyayan 1 (NLH) (Vd.Priyanka Adhav)
	1 pm to 1.30 pm	LUNCH BREAK					
3	1.30 pm to 2.30 pm	Padarth Vignyan (LH) (Vd.Dnyaneshwar Shinde)	Samhita Adhyayan 1 (LH) (Vd.Dnyaneshwar Shinde)	Samhita Adhyayan 1 (NLH) (Vd.Sharvari Dongare)	Padarth Vignyan (NLH) (Vd.Sharvari Dongare)	Samhita Adhyayan 1 (LH) (Vd.Dnyaneshwar Shinde)	Samhita Adhyayan 1 (NLH) Priyanka Adhav
4	2.30 pm to 3.30 pm	Samhita Adhyayan 1 (NLH) (Vd.Saurabh Joshi)	Padarth Vignyan (NLH) (Vd.Saurabh Joshi)	Sharir Kriya (LH) (Vd. Pooja Deshpande)	Samhita Adhyayan 1 (LH) (Vd.Priyanka Adhav)	Sharir Kriya (NLH) (Vd. Pooja Deshpande)	Sanskrit (NLH) (Mr. Ravsaheb Kale)
5	3.30 pm to 4 pm	Library	LMS/SDL	Online Test/GD	Yoga/Sport (Mr.Rakhmaji Lende)	Recitation of Verses	Library


Practical batches: "A" – Roll No. 1 to 50 "B" – 51 to 99

LH – Lecture Hour, NLH – Non Lecture Hours, LMS – Learning Management System, SDL – Self Directed learning, GD – Group Discussion


Academic In Charge


Vice-Principal




Principal
Ashvin Rural Ayurved College & Hospital
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