

ASHVIN RURAL AYURVED COLLEGE, MANCHI HILL.


ACADEMIC TIME TABLE 1st Year B.A.M.S.2023-24 (New Batch)(w.e.f. 01/01/2024)

Lect. No.	Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	9 am to 10 am	Sharir Rachana (LH) (Vd. Chandrakant Shinde)	Sharir Kriya (LH) (Vd. Chandrakant Girgune)	Sharir Rachana (LH) (Vd. Jitendra Shimpi)	Sharir Rachana (LH) (Vd. Chandrakant Shinde)	Sharir Rachana (LH) (Vd.Nandu Godge)	Sharir Rachana (NLH) (Vd.Nandu Godge)
2	10 am to 11 am	Sharir Kriya (LH) (Vd. Abhijit Durge)	Sanskrit (LH) (Mr. Pradip Jagtap)	Sanskrit (LH) (Mr. Ravsaheb Kale)	Sanskrit (NLH) (Mr. Ravsaheb Kale)	Padarth Vignyan (LH) (Vd.Chetan Sonawane)	Sanskrit (NLH) (Mr. Pradip Jagtap)
Practical	11 am to 1 pm	A – Sharir Rachana B – Sharir kriya	B – Sharir Rachana A – Sharir kriya	A – Sharir Rachana B – Sharir kriya	B – Sharir Rachana A – Sharir kriya	A&B – Sharir Rachana A&B – Sanskrit (Alternative Week)	11 am – 12 pm Padarth Vignyan (LH) (Vd.Sharvari Dongare)
	1 pm to 1.30 pm	LUNCH BREAK					12 pm – 1 pm Samhita Adhyayan 1 (NLH) (Vd.Chetan Sonawane)
3	1.30 pm to 2.30 pm	Padarth Vignyan (LH) (Vd.Sharvari Dongare)	Samhita Adhyayan 1 (LH) (Vd.Chetan Sonawane)	Samhita Adhyayan 1 (NLH) (Vd.Sharvari Dongare)	Padarth Vignyan (NLH) (Vd.Sharvari Dongare)	Samhita Adhyayan 1 (LH) (Vd.Saurabh Joshi)	
4	2.30 pm to 3.30 pm	Samhita Adhyayan 1 (NLH) (Vd.Saurabh Joshi)	Padarth Vignyan (NLH) (Vd.Saurabh Joshi)	Sharir Kriya (LH) (Vd. Pooja Deshpande)	Samhita Adhyayan 1 (LH) (Vd.Chetan Sonawane)	Sharir Kriya (NLH) (Vd. Pooja Deshpande)	
5	3.30 pm to 4 pm	Library	LMS/SDL	Online Test/GD	Yoga/Sport (Mr.Rakhmaji Lende)	Recitation of Verses	

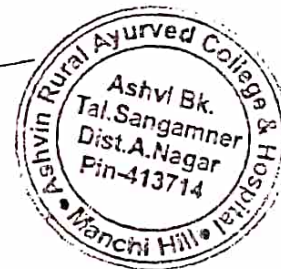
Practical batches: "A" – Roll No. 1 to 50 "B" – 51 to 99


LH – Lecture Hour, NLH – Non Lecture Hours, LMS – Learning Management System, SDL – Self Directed learning, GD – Group Discussion


Academic In Charge


Principal
Ashvin Rural Ayurved College & Hospital
Manchi Hill, Ashvi Bk., Tal. Sangamner
Dist. Ahmednagar, Pin-413714


Vice-Principal




Principal
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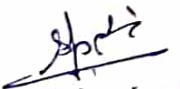
ACADEMIC TIME TABLE 1st Year B.A.M.S.2022-23 (old Batch) (w.e.f.1/01/2024)

Lect. No.	Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	9 am to 10 am	Sanskrit (LH) (Mr. Pradip Jagtap)	Samhita Adhyayan 1 (LH) (Vd. Saurabh Joshi)	Sanskrit (LH) (Mr. Pradip Jagtap)	Sanskrit (NLH) (Mr. Ravsaheb Kale)	Sharir Kriya (LH) (Vd. Chandrakant Girgune)	Sanskrit (NLH) (Mr. Ravsaheb Kale)
2	10 am to 11 am	Samhita Adhyayan 1 (NLH) (Vd. Sharvari Dongare)	Sharir Rachana (LH) (Vd. Chandrakant Shinde)	Sharir Rachana (LH) (Vd. Nadu Godge)	Sharir Rachana (LH) (Vd. Jitendra Shimpi)	Padarth Vignyan (LH) (Vd. Sharvari Dongare)	Sharir Rachana (LH) (Vd. Chandrakant Shinde)
Practical	11 am to 1 pm	A – Sharir kriya B – Sharir Rachana	A – Sharir Rachana B – Sharir kriya	A – Sharir kriya B – Sharir Rachana	A – Sharir Rachana B – Sharir kriya	A&B – Sharir Rachana A&B – Sanskrit (Alternative Week)	11 am – 12 pm Samhita Adhyayan 1 (NLH) (Vd. Chetan Sonawane)
	1 pm to 1.30 pm	LUNCH BREAK					12 pm – 1 pm Samhita Adhyayan 1 (LH) (Vd. Sharvari Dongare)
3	1.30 pm to 2.30 pm	Padarth Vigyan (LH) (Vd. Saurabh Joshi)	Sharir Kriya (LH) (Vd. Pooja Deshpande)	Samhita Adhyayan 1 (NLH) (Vd. Chetan Sonawane)	Padarth Vigyan (LH) (Vd. Chetan Sonawane)	Samhita Adhyayan 1 (LH) (Vd. Chetan Sonawane)	
4	2.30 pm to 3.30 pm	Sharir Rachana (LH) (Vd. Nadu Godge)	Sharir Kriya (LH) (Vd. Abhijit Durge)	Padarth Vigyan (NLH) (Vd. Sharvari Dongare)	Sharir Kriya (NLH) (Vd. Pooja Deshpande)	Padarth Vigyan (NLH) (Vd. Sharvari Dongare)	
5	3.30 pm to 4 pm	LMS/SDL	Library	Yoga/Sport (Mr. Rakhmaji Lende)	Online Test/GD	Library	

Practical batches: "A" – Roll No. 1 to 50 "B" – 51 to 98


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